

Gender Identity Disorder in Adolescents

Wednesday 1 October 2008

Venue:

*The Royal Society of Medicine,
1 Wimpole Street
London,
W1G 0AE*

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Aims and Objectives:

Gender identity disorder (GID) is often used synonymously with gender dysphoria as signalling an individual being uncomfortable with their assigned gender. There is a feeling of belonging to the other sex, a phenomenon that may have arisen during childhood or in adolescence. Such feelings may be transient or presage a state of permanent discomfort with the biological sex that requires medical and psychological intervention. Adolescence can be particularly distressing for these young people and decision-making about starting physical intervention can be complex.

The aims of this meeting are to address what is GID in an adolescent, from the perspective of its prevalence and natural history, and attempt to determine aetiology in relation to cognitive development and endocrine factors *in utero*. The recognition from functional imaging studies that even the structure of the brain is still maturing throughout adolescence adds further complexity to the assessment of GID in this age group. The options for management will be discussed from the psychosocial and endocrine aspects and how these relate to ethical issues in dealing with GID. Knowledge about the longer term outcome is sparse but this must be addressed in terms of putting in place strategies for follow up.

It is anticipated that attendees will be better informed on the definition and spectrum of GID, understand the fluidity of brain structure and cognition during adolescence, how this may impinge on choices for management and be familiar with the relevant ethical issues involved. The programme has been designed to address GID in the adolescent from a scientific evidence base and so is primarily, but not exclusively, aimed at health professionals particularly in the neurosciences, endocrinology and psychiatry, but also those with other health professional backgrounds who are involved in research and care of those affected by GID.

Planning Committee:

Dr John Scadding; Dr Sris Allan; Professor Hugh Barr; Professor Kam Bhui; Dr Caroline Brain; Dr Domenico Di Ceglie; Dr Theo Fenton; Professor Ieuan Hughes; Ms Sally Gordon Boyd; Miss Nicole Leida; Mrs Jo Parkinson; Professor Phil Steer; Dr Russell Viner; Professor John Wass.

List of Contributors:

Dr John Scadding	Dean, Royal Society of Medicine
Dr Liz Crowne	Chairman, British Society of Paediatric Endocrinology and Diabetes
Prof Ken Zucker	University of Toronto
Dr Dave King	University of Liverpool
Dr Kevan Wylie	Section of Sexuality and Sexual Health, RSM
Prof John Wass	Society for Endocrinology, Oxford University
Prof Sarah-Jayne Blakemore	Institute of Cognitive Neuroscience, UCL
Professor Melissa Hines	Faculty of Social and Political Sciences, Cambridge
Dr Rob Senior	Tavistock & Portman NHS Trust
Dr Domenico Di Ceglie	GID Unit, Tavistock Clinic
Dr Russell Viner	Institute of Child Health
Prof Henriette Delamarre-van de Waal	Hospital of the Vrije Universiteit, Amsterdam
Prof Ieuan Hughes	Cambridge University
Dr Vic Larcher	Great Ormond Street Hospital
Prof Phil Steer	Section of Obstetrics and Gynaecology, RSM

Accreditation:

5 CPD points (Applied for)

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9.15 am	Registration and coffee	SESSION THREE: CLINICAL ASSESSMENT AND MANAGEMENT - 1
9.45 am	Welcome address <i>Dr John Scadding</i> <i>Dean, Royal Society of Medicine</i>	Chair: <i>Dr Rob Senior</i> <i>Tavistock & Portman NHS Trust</i>
SESSION ONE: DEFINITION, HISTORY AND EPIDEMIOLOGY		2.10 pm Assessment, psychological and social management <i>Dr Domenico Di Ceglie</i> <i>GID Unit, Tavistock Clinic</i>
Chair:	<i>Dr Liz Crowne</i> <i>Chairman, British Society of Paediatric Endocrinology and Diabetes</i>	2.35 pm Questions
9.50 am	Definition and spectrum of Gender Identity Disorder <i>Professor Ken Zucker</i> <i>University of Toronto</i>	2.45 pm Options in endocrine treatment: towards a consensus <i>Dr Russell Viner</i> <i>Institute of Child Health and Professor Henriette Delamarre-van de Waal</i> <i>Hospital of the Vrije Universiteit, Amsterdam</i>
10.15 am	Questions	3.25 pm Questions
10.25 am	An historical perspective <i>Dr Dave King</i> <i>University of Liverpool</i>	3.35 pm Tea
10.50 am	Questions	SESSION FOUR: MANAGEMENT - 2
11.00 am	Epidemiology and natural history <i>Dr Kevan Wylie</i> <i>Past President, Section of Sexuality and Sexual Health, RSM</i>	Chair: <i>Professor Ieuan Hughes</i> <i>Cambridge University</i>
11.25 am	Questions	3.55 pm Ethical issues in GID and gender assignment <i>Dr Vic Larcher</i> <i>Great Ormond Street Hospital</i>
11.35 am	Coffee	4.20 pm Questions
SESSION TWO: AETIOLOGY		4.30 pm Prognosis and long-term follow up <i>Professor Philip Steer</i> <i>President elect, Section of Obstetrics and Gynaecology, RSM</i>
Chair:	<i>Professor John Wass</i> <i>Chairman, Society for Endocrinology</i> <i>Chair of Endocrinology, Oxford University</i>	4.55 pm Questions
12.00 pm	Neural and cognitive development during adolescence: evidence from imaging studies <i>Professor Sarah-Jayne Blakemore</i> <i>Institute of Cognitive Neuroscience, UCL</i>	5.20 pm Closing remarks <i>Professor Ieuan Hughes</i> <i>Cambridge University</i>
12.25 pm	Questions	5.30 pm Close of meeting
12.35 pm	Endocrine influences on the development of gender identity <i>Professor Melissa Hines</i> <i>Faculty of Social and Political Sciences, Cambridge</i>	
1.00 pm	Questions	
1.10 pm	Lunch	